



M4RD Patient Ambassador Task list

When you applied to become an Ambassador for Medics4RareDiseases, you agreed to undertake a number of activities/tasks on our behalf to support the M4RD team in their aim to raise awareness of rare diseases amongst medical students and doctors in training. In addition to promoting the work of M4RD and its message, engaging with and supporting medical students to encourage their interest in rare diseases and to get involved in M4RD.

Key activities

During your 12 month tenure with us, we would very much like you to complete the following:

Activity	Notes	Completed
A minimum of 1 blog and/or a video	Use your patient perspective and experiences of the healthcare system	
Provide consultation on our activities	Use your patient perspective and experiences	
Promote the work of M4RD and its message wherever possible	Attending rare disease events	
Mystery Disease Monday	Provide content for M4RD Instagram MDM	
Identify learning resources for M4RD website	Develop the LEARN section of www.m4rd.org	
Attend M4RD annual symposium	Provide content for social media	

