

#ShowYourStripes for Rare Disease Day 28th February 2025

CALLING ALL HEALTHCARE TEAMS

Help us raise awareness for rare disease!

Throw on some stripey socks, snap a photo and post on Instagram/LinkedIn with **#ShowYourStripes @MedicsForRare**

(No social media? Email your pics to hello@m4rd.org)



Your photos will be featured in our **#ShowYourStripes** online gallery. There will be awards for the most impressive and creative individual and group efforts!

**3.5 MILLION PEOPLE IN THE UK
LIVE WITH A RARE CONDITION.**

While each is individually rare, they are collectively common.

Patients with rare conditions wait on average **5 YEARS** for a diagnosis.

Phrases like **'THINK HORSE NOT ZEBRA'** still impact clinical practice, leading to delayed diagnoses and poorer outcomes.



Medics for Rare Disease is the working name for Medics 4 Rare Diseases - a charity registered in England and Wales. Charity number **1183996**. Thank you to our 2025 Partners for supporting the work of the charity: Alexion AstraZeneca Rare Disease, Amicus Therapeutics, Kyowa Kirin, Novartis Pharmaceuticals UK, Parexel, SOBI, Takeda UK & Ultragenyx. Sponsorship does not equate to endorsement of any company or its products. To find out more scan the QR code or visit www.m4rd.org.

**MEDICS
FOR RARE
DISEASE**

Excellence in rare disease
medical training